

ARTE & LUSSO

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As the festive season is approaching, I have decided it is time to treat my skin with a facial. It has become very sensitive after the laser facial treatment I did in August and also very dry and irritable, especially in the colder European weather. The post laser redness was a major concern as I did not feel confident to go out without putting a light layer of foundation.

I have heard that the acclaimed Dermatology clinic Frame by Sarah Battikha in Switzerland now had a new branch in Dubai and decided to try it out. The clinic is conveniently located on Al Wasl Rd. and was easy to reach. I was welcomed with a warm ambience and a friendly team.

Dr. Maria Wilma has thoroughly checked my skin using both white light and blue light-which allowed to see both the dead skin and all the redness-the signs of the irritation post my laser procedure. She carefully wrote down all the concerns-redness, irritation, dryness before deciding the steps of the Frame Signature Facial.



The facial started with cleansing the skin, removing blackheads and whiteheads, followed by 3 rounds of applying different Skinseuticals serums on the skin.

I also stayed for about ten minutes under the blue light which helped to calm down the redness.

The last step was the mask and I really liked that Dr. Maria created a special mixture out of 2 different masks for me in order both to clarify and soothe the skin and reduce the breakouts.

My facial was followed by a quick chat and a recommendation for the post care. I was given a clear routine involving my existing products as the products by Skinseuticals – I was given samples that lasted just over a week.

Right after the facial my skin felt very refreshed and nourished, there was little redness and I even went out the same day as I was allowed to wear make up. A few days later the skin really calmed down, felt very smooth and fresh. It is not irritable anymore and the dryness on the cheeks went away completely. I feel confident to go out without wearing makeup and excited about the upcoming festivities. Thank you Dr. Maria, I am definitely coming back!

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